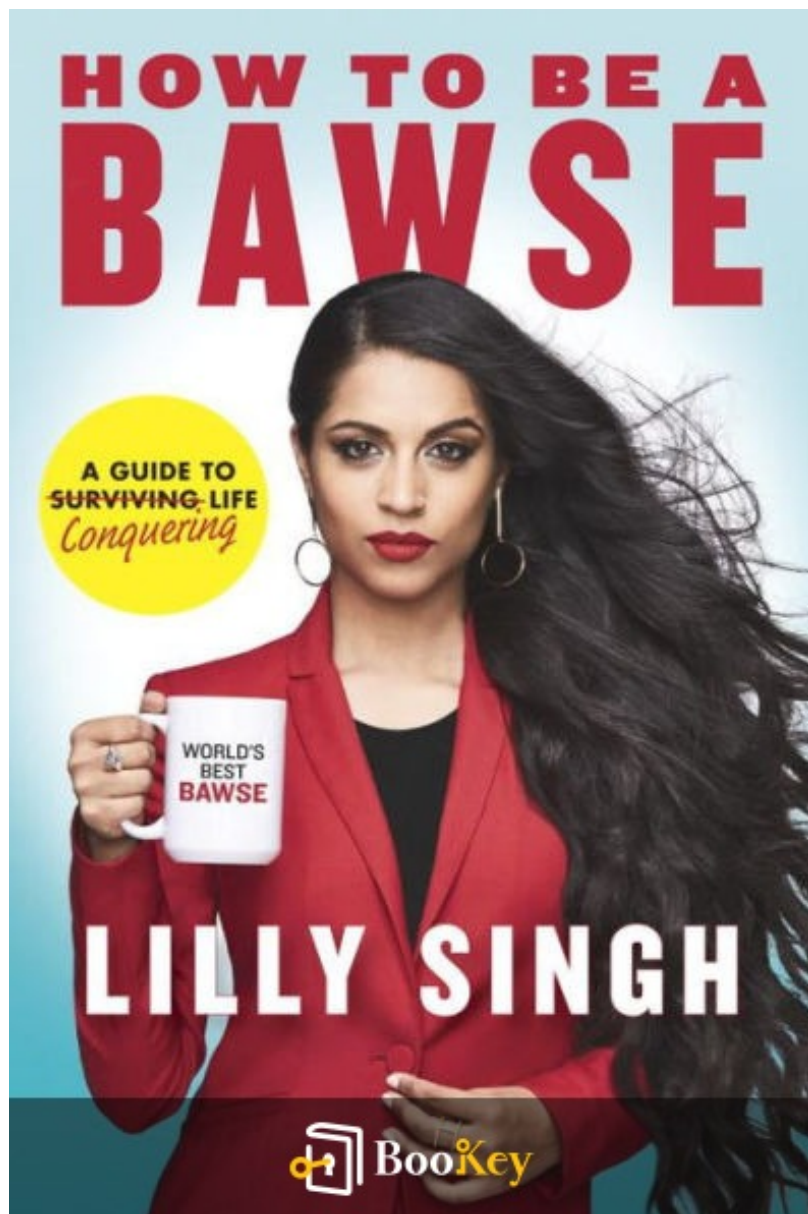


How To Be A Bawse PDF

Lilly Singh



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About the book

Lilly Singh: Your Go-To Guide for Conquering Life

Bestselling Author and YouTube Sensation

As the standout winner of the People's Choice Award for Favorite YouTube Star and the charismatic host of NBC's *A Little Late with Lilly Singh*, this guide dives deep into what it means to be a "bawse"—a confident individual who thrives through challenges and embodies genuine happiness.

From YouTube to You

Meet Lilly Singh, affectionately known as "Superwoman" thanks to her beloved YouTube channel that has captivated over a billion viewers with her sharp wit and profound insights. Covering everything from relationships to the quirks of daily life, her success is a testament to hard work and perseverance—not luck.

Unlock Your Potential

In her groundbreaking book, *How to Be a Bawse*, Lilly reveals the hard-earned lessons and strategies that propelled her to the summit of success. Forget the notion of quick fixes; real achievement in personal or professional realms demands grit, commitment, and boundless determination. Think of Lilly as your life coach, equipped with fifty essential rules to guide you on your journey, including:

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- Purge FOMO: Prioritize your goals and recognize FOMO as a momentary distraction.
- Embrace Kindness: Make kindness a habit—it fosters support and goodwill in your life.
- Designate Inspiration Time: Creativity can ebb and flow; plan sessions to ignite your passion.
- Be the Least Informed: Surround yourself with smarter individuals to enhance your learning edge.

Lilly's Unique Touch

Written in Lilly's delightful and daring style, **How to Be a Bawse** is filled with vibrant photos and genuine stories that inspire a new appreciation for life and oneself—yes, even more than for Beyoncé!

A Word of Caution

This book steers clear of empty platitudes and superstition. Instead, it emphasizes that success and happiness aren't wishful dreams but tangible goals that require effort. There are no shortcuts—only the stairway to greatness.

“Lilly is the quintessential #girlboss. Her rapid ascent is rich with invaluable insights that everyone should benefit from. This book is an essential read for every hustler.” — Sophia Amoruso, founder and CEO of Girlboss

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How To Be A Bawse Summary

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Who should read this book **How To Be A Bawse**

"How to Be a Bawse" by Lilly Singh is a must-read for ambitious individuals seeking inspiration and practical advice on navigating the challenges of modern life. It particularly resonates with millennials and Gen Z, as well as anyone striving for personal and professional growth. Singh's blend of humor, candidness, and motivational insights makes the book accessible to those who may feel overwhelmed by societal pressures or the complexities of success. Readers who appreciate a refreshing take on self-help, infused with pop culture references and relatable anecdotes, will find themselves empowered to embrace their inner "bawse" and take charge of their lives.

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Key insights of How To Be A Bawse in table format

Chapter	**Title**	**Summary**
1	**The Mindset of a Bawse**	Lilly emphasizes the importance of a powerful mindset, focusing on self-belief and embracing challenges. She encourages readers to define their own success.
2	**Work Hard and Be Kind**	The balance of hard work and kindness is highlighted. Lilly shares personal anecdotes to illustrate that success is not just about being ruthless, but also about helping others.
3	**The Art of Being Confident**	Lilly discusses confidence as a practice that can be cultivated. She provides tips on how to project confidence, even if you don't feel it inside.
4	**Network Like a Bawse**	This chapter stresses the significance of building authentic relationships, networking effectively, and leveraging connections to create opportunities.
5	**Embrace Failure**	Lilly describes failure as an inevitable part of growth. She encourages readers to learn from mistakes and view them as stepping stones to success.
6	**Be Your Own Boss**	The idea of taking control of one's career is presented, with advice on entrepreneurship, setting goals, and cultivating discipline.



Chapter	**Title**	**Summary**
7	**Create Your Own Opportunities**	Lilly motivates readers to be proactive in creating their own paths, rather than waiting for opportunities to come to them.
8	**Stay Authentic**	This chapter focuses on the importance of staying true to oneself, embracing individuality, and being authentic in a world that often promotes conformity.
9	**Be a Bawse of Your Emotions**	Readers are encouraged to manage their emotions effectively, understanding that emotional intelligence is key to navigating challenges.
10	**Success is a Journey**	Lilly wraps up with the realization that the road to success is ongoing, filled with lessons, growth, and adaptation.
Conclusion	**What Makes You a Bawse?**	A reflective call to action for readers to identify their own qualities that make them a 'bawse' and to pursue their aspirations with passion and determination.



How To Be A Bawse Summary Chapter List

1. Understanding What It Means to Be a Bawse: A New Era of Confidence
2. Mastering the Art of Self-Care and Self-Love for Success
3. Building Resilience: Overcoming Obstacles and Facing Rejection
4. The Importance of Hard Work and Discipline in Achieving Goals
5. Surrounding Yourself with Positive Influences and Supportive People
6. Developing Your Own Unique Personal Brand and Identity
7. Wrap-Up: Embracing Your Inner Bawse and Taking Action

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1. Understanding What It Means to Be a Bawse: A New Era of Confidence

In her book "How to Be a Bawse," Lilly Singh introduces the concept of being a "Bawse" as not merely a title but a mindset characterized by a refined sense of confidence and inner strength. This new era of confidence is not about seeking validation from external sources but rather about fostering a deep-seated belief in oneself and embracing one's uniqueness. Singh emphasizes that to be a Bawse is to recognize and own your power, transforming self-doubt into self-assuredness.

Confidence, as Singh outlines, is built through experience and a willingness to step out of one's comfort zone. She encourages her readers to confront their fears head-on and to take risks, asserting that true growth comes from facing challenges rather than avoiding them. This paradigm shift from simply wanting to be liked to striving to be respected is critical in this journey of self-discovery.

Singh dispels the notion that confidence is synonymous with arrogance. Instead, she depicts the Bawse mentality as inherently grounded and self-aware. Acknowledging mistakes and imperfection is part of the process, as is continuously striving for self-improvement. Singh outlines practical strategies for enhancing one's confidence, including practicing positive affirmations and visualizing success, which can help in cultivating a resilient



mindset.

Moreover, being a Bawse involves an active commitment to self-care and self-love. Song highlights that when you respect and take care of yourself, you inherently build confidence and set the foundation for achieving success. This involves treating oneself kindly, prioritizing mental health, and ensuring that personal well-being remains a top priority, even amidst the hustle and bustle of everyday life.

In this new era of confidence, Singh also touches on the necessity of authenticity. Being a Bawse means embracing your individuality and allowing your true self to shine through. Singh stresses that it's essential to free oneself from the pressures of conformity and to celebrate one's quirks and differences as strengths.

Ultimately, understanding what it means to be a Bawse is about taking ownership of your life and your choices. It's about fostering a mindset that welcomes growth, embraces challenges, and thrives on authenticity. In this new era of confidence, you are encouraged to be your own biggest advocate, embody your personal brand, and bravely carve out your unique path in the world.

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2. Mastering the Art of Self-Care and Self-Love for Success

In "How to Be a Bawse," Lilly Singh emphasizes the foundational importance of self-care and self-love as essential components for achieving success. Mastering self-care is not merely about indulgence or luxury; rather, it is about recognizing and prioritizing one's own needs, both physically and mentally. Singh advocates for creating a holistic self-care routine that nurtures the body, mind, and soul, underscoring that self-care should be viewed as a non-negotiable part of life, rather than an afterthought.

Self-love, according to Singh, is integral to the development of confidence and resilience. It involves embracing one's flaws and imperfections, fostering an unshakeable belief in one's worth, and maintaining a positive inner dialogue. By practicing self-love, individuals equip themselves with the emotional armor necessary to face the harsh realities of life and the challenges they may encounter on their journey toward success. Singh emphasizes that self-love is not selfish; it is a critical aspect of maintaining joy and passion in one's pursuits.

A practical approach to mastering self-care includes setting boundaries, learning to say no, and surrounding oneself with positivity. By advocating for time spent alone or engaging in activities that bring joy, Singh illustrates that self-care can come in many forms, whether through meditation,

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exercise, or simply enjoying a quiet evening with a good book.

Furthermore, Singh highlights the importance of mental health care, advocating for the same level of attention to one's mental well-being as one would give to physical health. This means seeking help when necessary, whether through therapy or support from friends and family. By destigmatizing mental health struggles, she encourages readers to take proactive steps in their well-being, reinforcing that strength is found in vulnerability.

In essence, Singh illustrates that success cannot be sustained without a strong foundation of self-love and self-care. It is about showing up for oneself first, which in turn equips individuals to make a more significant impact on the world around them. Embracing self-care will foster resilience, allowing individuals to not only face challenges head-on but do so with a mindset geared toward growth and positivity. Through her anecdotes and empowering messages, Singh empowers readers to prioritize themselves, thereby unlocking their fullest potential as true Bawses.

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3. Building Resilience: Overcoming Obstacles and Facing Rejection

In "How to Be a Bawse", Lilly Singh emphasizes the critical role that resilience plays in the journey towards success. Resilience is not just an innate trait; it's a skill that can be cultivated and strengthened through experience. At the heart of being a true Bawse lies the ability to face setbacks and rejection head-on. Singh draws on her personal experiences, candidly sharing the moments she faced skepticism and challenge while pursuing her dreams.

Singh asserts that rejection is an inevitable part of life and not an indicator of one's worth or potential. It's in these moments that true Bawses rise. Instead of viewing rejection as a setback, they see it as a stepping stone—an opportunity for growth. Singh encourages readers to adopt a mindset that reframes failure as feedback rather than a final verdict. By understanding that each rejection is simply a directional sign pointing towards the next opportunity, one can develop a more resilient approach to life's challenges.

One of the key strategies Singh shares is the importance of persistence. She illustrates this with anecdotes of her own journey, revealing how her relentless spirit allowed her to push through tough times. Building resilience involves not just endurance but also a commitment to learning and adapting. Singh discusses the necessity of embracing discomfort, arguing that stepping

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out of one's comfort zone is essential for personal and professional growth.

Additionally, Singh highlights the value of having supportive networks. Surrounding oneself with people who uplift and inspire can significantly bolster one's emotional resilience. Encouragement from others during tough times can provide the strength needed to keep moving forward. Singh emphasizes that vulnerability in sharing one's struggles can foster deeper connections and mutual support within a community.

Moreover, Singh suggests practical techniques for developing resilience, such as maintaining a journal to track obstacles and reflect on one's responses to them. This practice not only helps in processing emotions but also fosters a habit of self-reflection that is crucial for personal development.

Ultimately, Singh's message is clear: resilience is about grit. It's about rolling with the punches, finding humor in failure, and using rejection as fuel for determination. By embracing the trials faced along the road to success, individuals can build a stronger, more defined sense of self. In doing so, they not only become Bawses but also exemplify the victory that comes from overcoming adversity.

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4. The Importance of Hard Work and Discipline in Achieving Goals

In "How to Be a Bawse," Lilly Singh emphasizes that hard work and discipline are foundational qualities that separate those who succeed from those who do not. Being a "bawse" is not just about having confidence and charisma; it also requires a relentless commitment to putting in the effort necessary to reach your goals. Singh draws on her own experiences, highlighting her journey from a struggling YouTube creator to an international superstar—a path paved with dedication and discipline.

Lilly illustrates that hard work is essential in all aspects of life, especially in a competitive landscape where talent alone often isn't sufficient. She shares stories that reflect the numerous late nights and early mornings spent honing her craft, meticulously planning her content, and expanding her skill set. This consistent effort is what ultimately set her apart and allowed her to capitalize on opportunities when they arose.

Discipline is equally crucial, as it enables individuals to maintain focus and commitment, especially when faced with distractions or fatigue. Singh stresses the importance of creating a routine that fosters productivity and pushes one to remain disciplined in pursuit of their ambitions. By establishing clear goals and breaking them into manageable tasks, anyone can cultivate a structured approach to achieving success.



Moreover, Singh underscores that hard work and discipline are not merely about the grind; they also involve the smart allocation of effort. It's about prioritizing tasks that lead to significant progress rather than getting bogged down in less impactful activities. She encourages readers to evaluate their time investment, suggesting that it is not just the quantity of work that matters but the quality and strategic direction of that work.

In her book, Singh also offers practical tips for cultivating a strong work ethic. She encourages setting realistic and measurable goals while consistently tracking progress. This self-awareness allows you to adjust your strategies as needed, ensuring that your hard work translates into results. A strong commitment to discipline goes hand-in-hand with this, as it fuels the motivation needed to stay the course even when the going gets tough.

Singh poignantly points out that the journey toward becoming a "bawse" can be rife with challenges and setbacks. However, those who maintain their hard work and discipline during tough times are often the ones who emerge victorious. Moreover, she emphasizes that celebrating small victories along the way can provide the necessary encouragement and drive to keep pushing forward.

Ultimately, the importance of hard work and discipline cannot be overstated.

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In Lilly Singh's view, they are the secret weapons of any aspiring bawse, providing the necessary foundation to overcome obstacles, embrace opportunities, and transform dreams into reality.

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5. Surrounding Yourself with Positive Influences and Supportive People

In "How to Be a Bawse," Lilly Singh emphasizes the significance of surrounding yourself with positive influences and supportive people as a foundational aspect of personal growth and success. The people you choose to spend your time with can either uplift you or drain your energy. Thus, it's crucial to cultivate a circle that encourages you to thrive.

Positive influences can come from various forms, including friends, family, mentors, and even the content you consume. Lilly suggests that when you surround yourself with individuals who inspire you and share your aspirations, you are more likely to adopt a similar mindset. These people help foster a culture of positivity and encouragement, which can significantly impact your motivation and outlook on life.

Lilly emphasizes the importance of identifying and distancing yourself from toxic relationships and influences that may hold you back. Toxic relationships drain your energy, foster negativity, and ultimately make you question your self-worth. Recognizing patterns in how people affect your mood and motivation allows you to make informed decisions about who to keep in your life. It's essential to evaluate your relationships regularly and make adjustments as necessary to ensure you're nurturing connections that contribute positively to your journey.

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Moreover, supportive people play a pivotal role in boosting your confidence and validating your dreams. When you have a network of individuals cheering for you, you'll find it easier to take risks and pursue your goals. Lilly asserts that your circle should be filled with cheerleaders—people who celebrate your successes and remind you of your worth, especially on days when self-doubt creeps in.

The author also highlights the exponential power of collaboration and connection. By surrounding yourself with diverse minds and talents, you open yourself to new ideas and opportunities. Collaborative relationships can lead to innovative approaches and solutions to challenges you may face. Lilly encourages readers to seek out those who will amplify their voices and expand their horizons, as the synergy that comes from collaborative work can be incredibly rewarding.

To create this positive environment, create spaces where open communication and constructive criticism are the norms. Encourage your friends and acquaintances to share their thoughts and experiences, as this will lead to stronger connections and collective growth.

In conclusion, surrounding yourself with positive influences and supportive people is not just an option; it's a necessity for anyone striving to be a



bawse. Your environment plays a vital role in shaping who you are, how you feel, and what you can achieve. By curating a strong network of positivity and support, you create a solid foundation that enables you to soar toward your dreams with confidence.

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6. Developing Your Own Unique Personal Brand and Identity

In "How to Be a Bawse," Lilly Singh emphasizes the significance of cultivating a unique personal brand and identity as vital components of success in today's fast-paced and competitive environment. Establishing a strong personal brand is not merely about being noticed; it is about being understood and respected for who you truly are and what you stand for. Singh argues that, to distinguish oneself, one must identify and articulate their core values, passions, and the impact they wish to have on the world.

The first step in this journey involves self-reflection. Singh encourages readers to spend time understanding their interests, skills, and what makes them unique. This self-awareness is crucial as it serves as the foundation upon which a personal brand can be built. She posits that by deeply knowing oneself, individuals can make authentic choices that align with their values and help them resonate with others.

Next, Singh discusses the importance of consistency in branding. To develop a personal brand, one must consistently convey their identity through various channels, including social media, professional settings, and interpersonal relationships. This consistency not only solidifies one's identity but also fosters trust among peers and followers. Singh shares that authenticity is key; the more genuine and transparent one is, the more people



will be drawn to their brand.

Additionally, Singh emphasizes the necessity of storytelling as a powerful tool in branding. She highlights how the stories we share can shape our identities and the way others perceive us. By sharing personal anecdotes and experiences, individuals can connect with audiences on a deeper level, allowing their unique brand to shine through. Through her own platform, Singh illustrates how her experiences as a woman of color, her journey to success, and her humorous approach to life have contributed to her distinct brand, making her relatable and inspiring to millions.

Another essential element Singh discusses is the adaptability of one's personal brand. She argues that as individuals grow and evolve, so too should their brands. This adaptability ensures that one's identity remains relevant and reflective of their current self, allowing them to fully embrace new opportunities while retaining their core essence. In an ever-changing world, flexibility becomes a crucial asset.

Finally, Singh stresses the importance of building a community around your personal brand. Engaging with others, whether they are followers, collaborators, or mentors, is a powerful way to extend your reach and influence. By cultivating positive relationships, individuals can receive support, feedback, and encouragement, which are essential for personal and

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professional growth.

In conclusion, developing a unique personal brand and identity is a transformative process that requires introspection, authenticity, consistency, storytelling, adaptability, and community engagement. Singh's guidance encourages readers to own their narratives, embrace their uniqueness, and confidently present themselves to the world as true 'bawses.' This journey not only helps one stand out in their careers but also fosters a sense of empowerment and fulfillment.

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7. Wrap-Up: Embracing Your Inner Bawse and Taking Action

In conclusion, embracing your inner Bawse is about more than just confidence—it's about understanding your worth and taking actionable steps toward your goals. Lilly Singh emphasizes that being a Bawse is an all-encompassing lifestyle choice that calls for a commitment to self-improvement, resilience, and the mindful cultivation of your personal brand.

Taking action begins with self-awareness; recognizing the qualities that make you unique and leveraging them to carve your niche in the world. It's not just about achieving success, but how you define that success for yourself. This means confronting your fears, challenging societal norms, and understanding that setbacks are part of the journey.

Furthermore, Singh advocates that true Bawses are those who prioritize self-care and self-love. This doesn't imply being selfish; rather, it's about nurturing your physical, emotional, and mental states so you can put forth your best effort in all you pursue. As you invest in yourself, you'll find that your potential is limitless. Maintaining healthy relationships is paramount; surrounding yourself with individuals who uplift and motivate you is essential for sustaining your momentum.

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As you move forward, embrace the power of discipline and hard work. Singh encourages her readers to adopt the mentality of a student, continuously seeking knowledge and skills that will elevate their endeavors. The path to greatness is paved with persistence, and every effort, no matter how small, contributes to your eventual success.

Finally, take action! Whether it's launching a new project, pursuing a passion, or standing up for what you believe in, seize the opportunity to create your narrative. Life is a process of trial and growth, and being a Bawse means manifesting your dreams into reality while empowering others. Your voice matters, your contributions matter, and by embracing your inner Bawse, you not only transform your life but also inspire those around you.

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5 Key Quotes of How To Be A Bawse

1. "You have to create a life that you don't need a vacation from."
2. "Your value doesn't decrease based on someone's inability to see your worth."
3. "Success is not a destination; it's a journey that requires continuous growth and evolution."
4. "Embrace your uniqueness; it's what makes you powerful and relatable."
5. "Being a bawse means recognizing that failure is a part of the process and using it as fuel to rise higher."

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